**Cuyamaca College  
FALL 2014 – COUN 120  
Semester Reading & Assignment Schedule**

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| Week | Dates | Assignments Due | Topics |
| 1 | August 19 & 21 | None | Course Overview & Introductions |
| 2 | August 26 & 28 | Chapter 1 - Journal Entries & Quizzes Due 8/29 | Chapter 1- Understanding Motivation |
| 3 | Sept. 2 & 4 | Chapter 2 – Journal Entries & Quizzes Due 9/5 | Chapter 2 – Exploring Your Personality & Major; *Begin Working on your Personality Paper (remember not to cut and paste)* |
| 4 | Sept. 9 & 11 | Chapter 3 – Journal Entries & Quizzes Due 9/12  **How to Change a Habit-Due 9/11** | Chapter 3 – Learning Style & Intelligence; Crystallizers & Paralyzers  *Make appointment to interview one of your current or former professors* |
| 5 | Sept. 16 & 18 | Chapter 4 – Journal Entries & Quizzes Due 9/19 | Chapter 4 – Exploring Interests & Values; Decide on goal |
| 6 | Sept. 23 & 25 | Chapter 5 – Journal Entries & Quizzes Due 9/26  **Professor Interview Due 9/25** | Chapter 5 – Planning Your Career & Education; *Begin work on Comprehensive Education plan worksheet* |
| 7 | Sept.30 &Oct.2 | Chapter 6 – Journal Entries & Quizzes Due 10/3.  **Comprehensive Education Plan worksheet Due 10/2** | Chapter 6 – Managing Your Time & Money; |
| 8 | Oct. 7 & 9 | Chapter 7 – Journal Entries & Quizzes Due 10/10 | Chapter 7 – Improving Memory & Reading at the college level |
| 9 | Oct. 14 & 16 | Chapter 8 – Journal Entries & Quizzes Due 10/17  **Personality Paper Due 10/16** | Chapter 8 – Notes, Writing & Speaking  *Begin work on Career Paper* |
| 10 | Oct. 21 & 23 | Chapter 9 – Journal Entries & Quizzes Due 10/31  **Midterm Exam 10/30** | Chapter 9 – Test Taking |
| 10 | Oct. 28 & 30 | Chapter 10 – Journal Entries & Quizzes Due 11/7 | Chapter 10 – Communication & Relationships |
| 11 | Nov. 4 & 6 | Chapter 11 – Journal Entries & Quizzes Due 11/14 | Chapter 11 – Thinking Critically & Creatively |
| 12 | Nov. 13 | Chapter 12 – Journal Entries & Quizzes Due 11/21 | Chapter 12 – Maintaining a Healthy Lifestyle |
| 13 | Nov. 18 & 20 | Chapter 13 – Journal Entries & Quizzes Due 11/25 | Chapter 13 – Appreciating Diversity |
| 14 | Nov. 25 | Chapter 14 – Journal Entries & Quizzes Due 12/5 | Chapter 14 – Looking Toward the Future  Student Presentations of Career Paper |
| 15 | Dec. 2 & 4 | **Career Paper Due 12/4** | Student Presentations of Career Paper |
| 16 | Dec 11 | **Final Exam** | 11:00 a.m. |