

Culture & Community Circle Workshops

September 2022

How to Support Cuyamaca Students with Undocumented/DREAMer status

September 8, 2022

Community Engagement, Organizing, and Partnership with the Latinx Community

September 14, 2022

Open Mic

September 15, 2022

1:00 to 2:00 pm

A Study of Racism in our Backyard: The Lemon Grove Case

September 19, 2022

College Hour: Latinx Heritage Month

September 21, 2022

Getting the Most Out of your Experience at Cuyamaca College

September 21, 2022

Bad Bunny: Redefining Masculinity Through Latinx Media

September 27, 2022

First Generation College Student

September 29, 2022

Galeria de la Raza

September 29, 2022

October 2022

Behind the Mask: The Historical Zorro and Mexican American Experience in Early California

October 6, 2022

Filipino Diaspora in San Diego

October 7, 2022

Challenging Isolation

October 11, 2022

America Discovers Columbus: Inventing Latin America

October 11, 2022

Raising the Ramada | A Kumeyaay Village Party

October 12, 2022

Open Mic

October 19, 2022

Impact of "Cultural Portals": Ethnic Identity Development for Filipinx-Americans

October 20, 2022

Filipinos and Anti-Asian Racism

October 21, 2022

Identifying Unhealthy Relationships

October 25, 2022

October College Hour: DSPS Roundtable

October 27, 2022

Acculturation

October 27, 2022

It Takes a Village! Cuyamaca College Fall Clean-Up Event

October 28, 2022

Filipino Diaspora in San Diego

October 28, 2022

November 2022

Dia de Los Muertos Presentation

November 2, 2022

Safe Zones LGBTQIA+ Ally Training

November 16, 2022

Open Mic

November 16, 2022

Native American Heritage Month: College Hour

November 16, 2022

Veteranos & Valor: The Filipino Experience in the US Military

November 18, 2022

7th Annual Social Gathering and Dance

November 22, 2022

Healing Circle for Empowering Women

November 29, 2022

Surviving San Diego County: Cuyamaca's Student Guide to Surviving Housing Instability and Homelessness

November 29, 2022

Cuyamaca Cares “Reclaim Your Right to Housing” Fair

November 30, 2022

February 2023

Barriers to Being a First Generation Black College Student

February 7, 2023

In His Words: Dissecting Truth, Justice and Martin Luther King Jr.

February 8, 2023

Self-Love Through Stress Management

February 14, 2023

Mental Health Stigma in the Black Community

February 16, 2023

Open Mic

February 16, 2023

The Sounds of Blackness

February 22, 2023

Celebrating Black Excellence

February 22, 2023

Black Joy through Art Expression

February 28, 2023

March 2023

Women's Mental Health: Empowering Women to better Understand Oneself

March 2, 2023

Why do we Self Sabotage?

March 7, 2023

Breaking the Glass Ceiling

March 8, 2023

A Womxn's Place is in the Courtroom

March 14, 2023

Conquistadoras: Women & Conquest in the Americas

March 15, 2023

Open Mic

March 16, 2023

BIPOC Women's Healing Circle

March 21, 2023

April 2023

W.A.-A.W. (Wonderful Arab-American Women)

April 5, 2023

Consent, Communication, and Boundaries: Ways to effectively communicate and speak up for one's needs!

April 6, 2023

Culture Humility with Muslims

April 10, 2023

Middle Eastern Stereotypes and Sensitivities

April 11, 2023

Healthy Relationships

April 11, 2023

History of the Chaldeans

April 12, 2023

Middle Eastern Ethnic Identities Statistically Invisible in America

April 19, 2023

Shahrazad Dream

Resin and Geode Art

April 19, 2023

Open Mic

April 20, 2023

Musiq̄ from East (Arabic Traditional Music)

11:00 to 11:30 am

Dabka Folk Dance, Symbol of Love, Life, and Unity

April 22, 2023

Understanding the Diversity of Arab-Americans Community

April 27, 2023

Black Excellence: The Pain Behind the Success

April 27, 2023

May 2023

Creating a Sense of Belonging

May 5, 2023

The Filipina/o/x American Diaspora

May 9, 2023

10:30 to 11:30 am

Career Services Workshop

May 10, 2023

Asian Americans and Mental Health

May 11, 2023

Pronouns 101

May 12, 2023

Mental Health Awareness Month: Stigma on Therapy through a Multicultural Lens

May 16, 2023

Adulting 101: Transition Into Adulthood
May 22, 2023

Open Mic
May 25, 2023

Safe Zones Training
May 25, 2023

Mental Health in the AAPI Community
May 26, 2023