

OCTOBER 2023

# Culture & COMMUNITY

CIRCLE

@ Cuyamaca College

- \* Disabilities Awareness Month \* Filipinx Heritage Month \*
- \* Indigenous People's Day on October 9, 2023 \*
- \* Undocumented Student Action Week (Oct 16-20) \*
- \* Domestic Violence Awareness Month \*

### Filipinos, Colorism, & Racism

October 3, 2023  
9:30 to 10:30 am  
Presented by: James Diokno

This presentation will look into a brief history of racism against Filipino communities in the US. Racism has played a critical role in the history of Filipino Americans even as we continue to become more integrated in US society. Discussion will also be given on the role of colorism and how that has emerged from racialized colonial experience of Filipinos in the Philippines and in the US  
Zoom Link: <https://gcccd-edu.zoom.us/j/83690014242>

### Celebrating and Honoring the Filipino Community

October 13, 2023  
12:00 to 1:00 pm  
Presented by: Manmeet Kaur and Vicky Nguyen

Join us for an insightful workshop that explores the intersection of Filipinx heritage and mental health. We'll delve into:  
• Meaningful conversations about mental health within the Filipinx community  
• Building a supportive network and connections  
• Hearing inspiring stories from our community  
Zoom Link: <https://gcccd-edu.zoom.us/j/83690014242>

### Filipino Diaspora in San Diego

October 17, 2023  
9:30 to 10:30 am  
Presented by: James Diokno

This presentation will provide an overview of the Filipino communities. Discussion will focus on who Filipinos are, how Filipino communities came to be established in San Diego, and the contributions of Filipino San Diegans to the region.

Zoom Link: <https://gcccd-edu.zoom.us/j/83690014242>

### Honoring the Stories and Challenges that Undocumented Student Face

October 20, 2023  
12:00 to 1:00 pm  
Presented by: Tasneem Alhomsy and Manmeet Kaur

Join us to discuss the vital contributions and unique challenges faced by undocumented students in the United States.  
• Raising awareness advocating for the rights of undocumented individuals.  
• Foster inclusivity, promote dialogue, and inspire collective action toward for all students.  
• Offer a space to openly discuss the impacts and experiences of undocumented individuals in this country.  
Zoom Link: <https://gcccd-edu.zoom.us/j/83690014242>

### Undocumented/ Dreamer Student Action Week.

October 16th-20th, 2023  
All Details and schedule posted in our live flyer:

Undocumented Action Week 2023 Event Calendar

Questions? Email [veronica.corral@gcccd.edu](mailto:veronica.corral@gcccd.edu) or [claudia.cuz-flores@gcccd.edu](mailto:claudia.cuz-flores@gcccd.edu)

### Disability Awareness Month: Silver Linings Playbook Film

October 24, 2023  
11:00 am to 1:00 pm  
Student Center, I-207  
To celebrate Disability Awareness Month, we will be screening the film Silver Linings Playbook. Free food will be served at the program.

### Open Mic

October 26, 2023  
12:00 to 1:00 pm  
C-119  
Presented by: Karen Marrujo & the Creative Writing Club  
Share your voice by taking the mic or just drop in to listen or make new friends.

### Olmec Society

October 26, 2023  
6:30 to 7:30 pm  
Presented by: Javier Gozalez-Meeks

The Olmecs were the first major civilization in Mexico, and their culture had a profound impact on the development of later Mesoamerican civilizations, such as the Maya, Aztec, and Zapotec. The Olmec are known for their monumental sculptures, including the colossal heads, which are some of the largest and most impressive stone sculptures ever created. Come learn about their culture and continued legacy.

Zoom Link: <https://gcccd-edu.zoom.us/j/83690014242>

### Supporting Survivors of Domestic Violence October 27, 2023

12:00 to 1:00 pm  
Presented by: Nicole Jannesari and Vicky Nguyen

Join us for a vital workshop during Domestic Violence Awareness Month as we address crucial issues. Such as:  
• Discuss the impact of domestic violence on individuals and communities  
• Share resources and support for survivors  
• Explore strategies for prevention and interventions

ZOOM LINK: <https://gcccd-edu.zoom.us/j/83690014242>



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