Area	Subject	Units	Range
1	1A English Composition 1B Oral Communication and Critical Thinking	3 units 3 units	6-9
2	and Mathematical Concepts or Quantitative Reasoning	3 units	3-5
3	and Arts or Humanities	3 units	3-5
4	Social and Behavioral Sciences	3 units	3
5	Natural Sciences and Laboratory	4 units	4-5
6	Ethnic Studies	3 units	3
7	7A Lifelong Learning and Personal Growth 7B Wellness of Exercise Science	3 units 1-3 unit	4-6

Total Units: 26 Range: 26-36 Courses: 9