

APRIL 2025



CUYAMACA
COLLEGE

Culture & Community Circle

SIGHS - AHAAT (Middle Eastern Art Gallery)

April 15 | 12:00 to 2:00 pm

Location: Samuel M. Ciccati Performing Arts Center Digital Theater, B-101

Presented by: Aklas Sheai

This Gallery will feature a diverse collection of art to include resin work, oil paintings, digital art, and photography focusing on important topics such as social justice, immigration, the feeling of isolation, and the other realities of the Middle East.

Middle Eastern Women in Higher Education at Cuyamaca College

April 16 | 12:00 to 1:00 pm

Location: Samuel M. Ciccati Performing Arts Center Digital Theater, B-101

Presented by: Rana Hanna Al-Shaikh

Join us for an empowering panel discussion featuring Middle Eastern women from diverse backgrounds, sharing their experiences and insights as they serve in key roles across Administration, Faculty Classified Staff and Student Personal at Cuyamaca College. Each will share their journeys, educational backgrounds, and unwavering commitment to fostering student success in higher education and the significant contributions they make to the students and campus community.

Boundaries, Communication & Trust: The Foundations of Respect

April 18 | 10:00 to 11:00 am

Zoom

Presented by: Manmeet Kaur

Respect is the cornerstone of every healthy relationship, but how do we set boundaries, communicate effectively, and build trust? As part of Sexual Assault Prevention Month, this interactive workshop will dive into the essentials of establishing personal boundaries, recognizing healthy vs. unhealthy dynamics, and fostering open, respectful communication. Through discussions and real-life scenarios, you'll gain practical tools to navigate relationships with confidence and clarity. Whether in friendships, dating, or everyday interactions, join us to learn how to create connections rooted in mutual respect and consent.

The Contributions of Arab Immigrants to America's Growth & Progress

April 18 | 12:00 to 1:00 pm

Zoom

Presented by: Roula Aoneh

Arab immigrants have significantly contributed to America's development, leaving a lasting impact on industries such as business, science, medicine, arts, and politics. Through innovation, leadership, and cultural influence, they have helped shape the nation's economy and society. This workshop explores their achievements, resilience, and the vital role they continue to play in the United States' growth and progress.

The Black Hour

April 21 - 25 | 12:00 to 1:00 pm

Sponsored by: California Community

College State Chancellor's Office

Webinars will be held via Zoom and live-streamed on YouTube. Webinar registration is now open. For a list of topics and to register, visit: blkstudentsuccess.com

The After Party

April 21 - 25 | 1:00 to 2:00 pm

Sponsored by: California Community

College State Chancellor's Office

Join us for daily small group discussion forums immediately following #TheBlackHour webinars at: blkstudentsuccess.com

Demystifying DSPS: Who we Are, What we Do, and How to Get Connected

April 22 | 1:00 to 1:30 pm

Location: Black Student Success Center, C-102

Presented by: Johnny Barner

This workshop will cover DSPS services and what the department can do to best serve you.

Watch Party: Power Moves: Equipping Black Talent for Tomorrow's Workforce

April 23 | 12:00 to 1:00 pm

Location: Black Student Success Center, C-102

Sponsored by: California Community

College State Chancellor's Office

Participants will be able to view the webinar together at the Black Student Success Center. Free food will be served.

Career Exploration

April 23 | 1:00 to 2:00 pm

Location: Black Student Success Center, C-102

Presented by: Lena Heckbert

This workshop will explore different careers and help students identify what careers best match their major and interests.

Umoja Porch Talk: One, The Other, Both, or None: Mixed Race Identity Discussion

April 24 | 1:00 to 2:00 pm

Location: Black Student Success Center, C-102

Presented by: Jonathan Ng

This workshop dives into a conversation about Mixed identity.

Cultural Diversity in the Middle East

April 30 | 10:30 to 11:30 am

Location: Samuel M. Ciccati Performing Arts Center Digital Theater, B-101

Presented by: Roula Aoneh

This workshop provides a thoughtful introduction to the cultural diversity of the Middle East. Participants will explore the region's wide range of ethnic groups, languages, and cultural traditions, and examine how historical events and geographic factors shape cultural identities and daily life. The session helps in development of cultural awareness, critical thinking, and inclusive teaching and learning practices that reflect the richness of the Middle East.

Safe Zones Training

April 30 | 12:30 pm

Location: Queer Student Center, I-107

Presented by: Tania Jabour,

Moriah Gonzalez-Meeks, Agustin Orozco

The Safe Zones training program is an ally training that brings awareness to LGBTQIA issues and provides insight on improving campus climate. Participants will have the opportunity to become allies after completing the training.

For workshop details and zoom links visit us at cuyamaca.edu/communitycircle or connect using the QR code below:



Students who complete a minimum of four workshops by May 9, 2025 will receive a Diversity & Leadership co-curricular certificate and be recognized at the ASG leadership awards ceremony.



MAY 2024



**C U Y A M A C A
· C O L L E G E ·**